


**RAHA INTERNATIONAL SCHOOL  
KHALIFA CITY CAMPUS**

**POLICIES**

Policy title	Sunsmart and Extreme Heat
Policy number	KCC_POL_SEH_01
Policy Version	2
Effective date	June 2024
Scheduled review date	June 2025

Approving Committee	Name	Signature
Principal	Abigail Fishbourne	

## Table of Contents

Rationale .....	2
Aim.....	2
Purpose .....	2
Guidelines .....	3
Implementation.....	3
Extreme Heat .....	3
Revision Log .....	3

### Rationale

In accordance with our Mission Statement, we endeavour to work together in a safe, happy and caring environment that cultivates knowledge, courage and connection to unlock the unique potential in all.

KCC recognizes the value of outdoor play and learning in a sun and heat safe way. We are committed to ensuring all children, educators and staff are protected from ultraviolet (UV) radiation and extreme heat for all outdoor activities.

### Aim

“Heat stress is caused by a number of environmental and personal factors” including air temperature, sun exposure, humidity, air movement, physical activity, acclimatization, and clothing. To assess heat exposure and understand the effects of the environment on a person’s body all the important elements need to be taken into consideration” (Department of Health, 2019).

This policy aims to ensure that all students attending Raha International School KCC are protected from skin damage caused by the harmful ultraviolet rays of the sun and from health risks associated with being exposed to high temperatures, at all outdoor school activities on and off-site, and is considered in the planning of all outdoor events.

### Purpose

The purpose of this policy and its related procedure is:

- To ensure all students and staff are protected from over-exposure to UV radiation and extreme heat.
- To ensure the outdoor environment provides shade for students and staff, and that students are encouraged to play in these areas.

- To ensure students are encouraged and supported to develop independent sun and extreme heat protection skills to help them be responsible for their own sun and extreme heat protection.

### Guidelines

The Sunsmart policy and its related procedure is based upon the following documents:

- Safety in the Heat, Department of Health, Abu Dhabi
- Policy no.71 from ADEK Policy and Guidance Manual
- *Stay healthy in the heat*, SA Health, Government of South Australia
- The International Baccalaureate – Physical, Personal and Social Education Curriculum

### Implementation

Children and staff use a combination of skin protection measures when UV levels are high. Particular care is taken between 10am and 3pm when UV levels reach their peak during the day. The school nurse team will monitor UV and temperature levels throughout the day and inform the Principal of the prevailing conditions.

### Extreme Heat

Heat index is continuously considered, establishing different levels of action for heat index above 35°C, 40°C and 45°C. Constant hydration and play in shaded areas will be monitored, and dining hall can be made available for students to cool down if necessary.

Above 45°C Heat index, physical activity, lunch, and break times should be moved into the indoor spaces at school.

The students are monitored while doing activities and playing outdoors. In the event of any the Heat Injuries and Illnesses happen, KCC staff will seek for appropriate medical care.

### Revision Log

Date	Changes	Reviewed By
Feb 2025	Principal reviewed and signed	Abigail Fishbourne